February/ March 2022

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Parish Pump

Village Newsletter for Bishop Wilton and the Garrowby Parishes



Annina Diston showing Bishop Wilton WI Members how she makes miniature furniture. Full story on p3

Parish Pump Village Newsletter

The Parish Pump is distributed bi monthly to some 600 addresses across the Bishop Wilton and Garrowby Parishes. It is run by volunteers with production costs being funded by advertising revenue and cash donations.

If you wish to make a donation to the cause, please email bwparishpump@gmail.com. In return we will add you to our growing list of readers who take the Parish Pump online and in full colour.

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Clerk to the PC bishopwiltonclerk@gmail.com Bishop Wilton Defibrillator (located on the outside wall of The Village Hall)Cabinet code: C0147X

Police (non emergency): 101

Village Hall Bookings: 01759 368813

Bus Services: 01482 592929

Doctors' Surgeries:

Pocklington 302500 Fax 305123

Stamford Bridge 371467

Bishop Wilton Oil Syndicate

Contact Maureen McWilliam www.bishopwiltonoil@gmail.com

Websites:

www.bishopwiltonshow.com (show)

www.bishopwiltonprimaryschool.co.uk www.bishopwiltonhall.co.uk (Hall)

To submit articles for the Parish Pump

contact: Frances Sharp, email: bwparishpump@gmail.com

To advertise, contact: Liz Collins, email: collins.wilton@gmail.com

Deadline for submissions for April/May issue is 15 March 2022



NURSERY FOR 3+

- FREE 30 hours' provision for everyone, regardless of income or funding entitlement. (Additional cost of £4 for lunch session. which includes a hot meal)
- · Wrap around care -

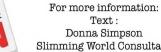
Breakfast Club is available 7:45am until 9am Afterschool Club is available 3:30-5:30pm

- · Weekly Forest Schools sessions with our Environmental Tutor
- · Teacher-led provision



Your Local Community Slimming World Group is in Stamford Bridge every Thursday. Session Times available: 4 pm, 5.30 pm or 7 pm

> The Stamford Bridge Sports Hall (behind The Old Station Club), Church Rd, Stamford Bridge. York, YO41 1AA



Donna Simpson Slimming World Consultant 07583 815164

slimmingworld.co.uk Slimming 0344 897 8000



thew INSPIRING WOMEN

Bishop Wilton WI

January 2022 and we are up and running in the well ventilated Village Hall for our first meeting of the year. Our President Michelle welcomed us

together with new faces and wished us all a healthy and happy New Year. She was also able to announce that we hope to plant 10 trees in the village, subject to Parish Council permission, in recognition of our centenary year.

Our speaker for the evening was introduced and we were delighted to welcome Annina Diston, Interior Designer, originally from Switzerland but now a resident of Bishop Wilton. She showed us slides of her former home and gave us a guided tour of the old parts of Bern, now a World Heritage Site. She specializes in making miniature furniture to a high degree of perfection and had brought along examples to show us. But perhaps most extraordinary was her story of appearing on the BBC One Show. She was asked to make a model of a house once owned by a Syrian family but destroyed in the war. We



Anyone for Dreikönigskuchen?

saw her meeting the family who only had a handful of photos of the house, but armed with these and memories from family members, project "Miniature Memories" was launched. We saw Annina hand over of the model, to an emotional but delighted family who told her the whole reproduction was 90% accurate. Not bad for somebody with very little visual material to go on! Annina is not only a highly creative designer as she demonstrated by bringing along delicious buns which are made in Switzerland for Epiphany.

Our evening concluded with thanking Annina for her talk and wishing her well in future projects.

If this has interested you in coming along to Bishop Wilton WI, we would be more than pleased to see you. We meet on the first Monday of the month in the Village Hall at 7.15pm and after the year we have just had, we all deserve a chance to meet up again. Do join us.

Diary Dates

29th January - Book Sale and Coffee Morning

7th February - Next Meeting

with Gill Cowlam telling us about "My life in Engineering"

Any queries to

Michelle Wilkinson on 07920181055 or bishopwiltonwi@eastyorkshirewi.org.uk

Marion Gibson



Precision in Miniature



Bugthorpe CE Primary School

Follow your pathway and grow with confidence

Our School Lottery @Bugthorpe



Here's some more information on the School Lottery from our PTFA:

Each ticket costs £1; 40p of this is put towards school and the remaining 60p gets divided between prizes (36%) and administration (24%).

The money gets paid directly into the Friends of Bugthorpe School account each month. One winner from school each week will win our school prize which currently sits at £10.50. Each ticket also gets entry into the national jackpot prize of £25,000. We've currently got 37 tickets in play and 23 people playing. We've raised £1224 to date since Feb 2020. Winners can choose to have their prize paid directly back into their bank account or they can donate it to school. To sign up to the School Lottery visit the site below and search for Bugthorpe:

https://www.yourschoollottery.co.uk

Super Exciting Events Coming Up @Bugthorpe

Circus Sensible are visiting school at the start of February to teach each class circus skills! From juggling, to stilt walking, to spinning plates; fun for all, so we grow with confidence!



Skipping Day - The first week back after Easter, we will be having a whole school skipping day!

The Skipping Workshop aims to:

- Help boost children's confidence and selfesteem.
- Encourage the least active children to feel successful and have fun.
- Encourage team work and co-operation.
- Promote high levels of physical fitness.

Robinwood

Residential - Our Year 5 and 6 class will join Sutton upon Derwent children, for an action packed outdoor activities residential visit to Robinwood, in March 2022. We are very much looking forward to going and experiencing all the many amazing activities.



Class 3 work on 'Why were the Romans so powerful and what did we learn from them?' @Bugthorpe



Thank you for your continued support,

Mr B Holtby Executive Headteacher

Local History

In conjunction with the Pocklington History Group, the Bishop Wilton Church Committee were planning a local history exhibition of old photographs, artifacts, memorabilia, and an evening of old cine films from the 1950's and 60's to be held in the Village Hall in early March. Unfortunately, with the Covid pandemic seemingly worsening as we write, we have decided to postpone the event until Saturday 15th October 2022.

In the meantime, we hope to whet your appetite with regular articles in the Parish Pump, starting with some background information on the Bishop Wilton Local History Group, the first meeting of which was held on 11th September 2002 in the old village hall. It came about when Mike Pratt had earlier held a small exhibition of old photographs at Bishop Wilton Show. A conversation with Mike, Kate and myself led to a "shall we start a history group in the village?". I said I would help them start it. A successful one-off exhibition of old photographs was staged by Mike years earlier in 1978 which I had helped with. At that exhibition I volunteered to print any of the old photographs that people wanted from the exhibition by developing the photograph copies in my darkroom which I had built at the back of no. 96. I was taken aback by almost 100 orders which took me weeks to produce in my spare time. I have a copy of the first minutes from the 2002 meeting. A welcome was extended by Kate and Mike Pratt who had convened the first meeting of the Group, and then everybody gave their names and how long they had lived in the village.

Present were Nancy Hutchinson, Irene Megginson, Janet Black, Martin Jackson, Dave Walker, Marion Mee, Alexander Mee, Frank Humpage, Ann Humpage, Barbara Caines, Shirley Arundale, Anne Sumpner, Jayne Douglas, Andrew Sefton, Robert Sefton, Harry Smith, Caroline Kernan, Keith McWilliam, Maureen McWilliam, Elizabeth Hodgson, Wendy Gilding, Mike Brigham, Elaine Brigham, John Ibson, Pam Ibson,



Nancie Boyes, Judy Tarran, Mike Tanner, Kath Nevens, Mike Pratt, Kate Pratt, Gordon Foster and Susan Bagust.

Different types of meetings were proposed:

- Self-help study groups where ongoing projects were discussed, help being sought from others in the group, suggestions for ways forward being offered and expertise pooled.
- Talks by experts in various related fields, open to all, and advertised more widely than the village.

Group meetings were interspersed with workshops and talks to discuss topics including: the Archbishops' Palace Site, the Manor House, Village Wells, Aerial Photos, Hedge Dating, Wild Flower Survey, Family History, Map Work, WWII Memories, 1901 Census, Village Policemen, Memories of Village Characters, Archaeological Finds, the Foresters, School Photos, House Deeds etc.

We produced 20 bulletins in the 10 years of operation, and we hope to consolidate them all in a book to publish and make available later in the year.

The group was disbanded in June 2012 following the sad passing of its founder member Mike Pratt, and Kate moving out of the area. The template for the success of the group was rolled out to the setting up of the Pocklington and District Local History Group in 2007 by Andrew Sefton, Jo Green and Phil Gilbank. The BW committee helped the High Wolds Heritage Group to start in Thixendale (still going today), and the Bolton and Fangfoss history group (which has since folded).

Rainfall

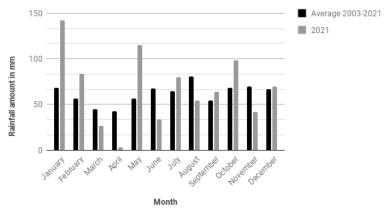
Rainfall for November 2021 and December 2021 in Bishop Wilton.

Rainfall for November 42 mm (average rainfall November 2003-2021 70mm) Rainfall for December 70 mm (average rainfall December 2003-2021 67mm)

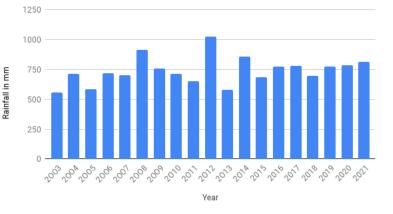
Rainfall for 2021 total 812 mm (average yearly rainfall 2003-2021 741 mm).

We had a drier November with over an inch less rain than the average for the month. However this was not as dry as November last year. December was basically average in terms of rainfall- probably the most "average" month of the year.

Looking at 2021 as a whole it was the fourth wettest year of the last 19 with 812mm (this is around 3" more rain than average) - only 2008 (911mm), 2012 (1052mm) and 2014 (857mm) have been wetter. The wettest month was January with 142mm and the Monthly Rainfall 2021 . Bishop Wilton



Graph of yearly rainfall in Bishop Wilton 2003-2021



driest month was April with 5mm. I recorded measurable rain on 160 days during the year with May and December both having 21 "rain days". In contrast April had only 5 "rain days" and three of these deposited less than 1mm.

lan Jones <u>ialima2@gmail.com</u>

Winter Beck

Beside the path a shining thread

weaves a bond with ages past,

to channel hope from old to new,

of lives now dim, in darkness lost.

Wash through time eternal stream,

a silken purl in endless flow.

Can't hold it down to live again,

just let it go untouched, unknown.

Ruth Mardall





THE BISHOP WILTON **COMMUNITY SHOP & CAFE** UPDATE

GOODBYE TO 2021

We are' 2 years Looking back at 2021 there is a lot for the community shop team to be proud of. The shop & cafe have performed strongly, the team have adapted guickly to the changing rules around the pandemic and most importantly the team has managed to keep the shop open and providing a vital service for the Bishop Wilton community. A real success!

Thank you to all who visited us over the festive period. Our Christmas goodies proved popular and in particular our bamboo socks, scarves and local gin were a big hit! It was also great for the shop team to give back to the community with our Christmas voucher.

A big congratulations to Jan Danby and Frances Sharp who took 1st and 2nd place in the final volunteers prize draw of 2021.



HELLO 2022!

We start 2022 with lots of new faces. A number of locals have signed up to volunteer in the shop and have been completing their training. It is always great to have more of the community volunteering and bringing fresh enthusiasm, ideas and skills. There is always room for more, so please get in touch if you would like to discuss.

We are now two years old! It was great to see the community celebrating with us on the 30th of January on our second birthday. Two years have flown by and we look forward to many more years serving the community.

2022 is going to be an exciting year. We hope to run more community events, continue to improve our shop offering and develop our cafe.

See you all in the shop soon!

C 01759 369774 · bishopwiltonshop@gmail.com www.bwcommunityshop.co.uk 🕐 🖪 🖸

Bishop Wilton Advent Trail







I think you'll all agree that the 2021 Bishop Wilton Advent Trail got off to a most brilliant start with a spectacular window display at our village shop! A special mention must go to The Old Joiner's Shop who revealed a different

pane each day throughout the 24 days of Advent - an amazing effort. The trail, the beautiful lit tree on the village green, and many wonderful lights around the village once again brought much needed joy and a sense of the festive spirit to our village. A special thank you



to all the children at Bishop Wilton School who produced two brilliant windows and to those of you who agreed to go on the map, all of your efforts were very much appreciated by many!

Sandie Clark





Bishop Wilton CE Primary School

Happy New Year from Bishop Wilton Primary School. With social distancing and restrictions on numbers, we still managed to put on a fabulous Christmas



Performance. The Magical Christmas Jigsaw involved the whole school and all the children gave a magical performance for both our afternoon and evening events.

We also managed to enjoy a delicious Christmas



dinner and a fun Christmas party. We thoroughly enjoyed our pre-Christmas KS1 and

Foundation 'Welly Walk' around the village to see the advent windows. We have been on some excellent welly walks through the autumn term, looking at autumn colours, exploring Goodhart Wood and paddling in the Beck. This week we played Pooh Sticks to celebrate Winnie the Pooh Day and his 96th Birthday. We have been learning about famous bears as part of our history topic on toys. KS1 created a toy museum and invited the Juniors to visit and explore the toys on display. A very old bagatelle board was extremely popular and the jigsaw blocks provided a tricky challenge. The children wrote some interesting information about their exhibits.





Our violin and guitar players have been demonstrating their skills to the whole school and we have enjoyed some excellent musical performances. This term the KS2 topic is Natural Disasters and the children have started writing stories involving volcanoes, floods and avalanches! In history they have started learning about the Anglo-Saxons and how they settled in Britain.

Please do follow Bishop Wilton School on facebook or twitter @PrimaryWilton to see lots more pictures of all our exciting activites.



Mrs Jean Louden, Senior Teacher



/bishopwiltonhall or email us - bishopwiltonvillagehall@gmail.com

Gritting The Roads

You can use the salt in the bins which were filled prior to the season starting, to help with snow and ice on **public roads and footpaths**.

You must not use it for private driveways, car parks or other non-public areas.

Follow this guidance to help you safely salt your road and footpath:

• Consider your own health and safety at all times - wear appropriate clothing and footwear to keep warm and prevent falls. High visibility items also help you to be seen on the roads

• Try to remove snow on a path (where possible) first before placing salt. This helps to stop residual water from freezing over

• Do not obstruct paths or vehicle access with piles of snow

• Salt can treat a wide area and does not need to be spread thickly. For example, an amount the size of a bag of sugar can treat a footway about 10 paces long

ANNINA DISTON

Interior Design

• Avoid skin contact as road salt can cause skin irritation

• Do not use water as it can change to ice and make the situation worse

EYRC will fill salt bins **twice during winter** and again when they are told that they <u>need</u> refilling.

We need Volunteers - For significant weather conditions, we have a small working party of volunteers who go out to help the community clear/de-ice. Please contact Ingrid Haywood if you would like to be part of this group.

The Parish Council have bought two small push along gritters for community use which the village hall are kindly storing for us please contact Ingrid Haywood 01759 369643 if you would like to use them. These are most useful for significant bad weather such as snow or hard packed frosts as the salt amount they use is significant and although as said above the East Riding will re-fill the bins we do not want to be without.

Bishop Wilton Parish Council

Looking for a whole house refresh, or interiors inspiration for just one room? Together, we can elevate your space with character, beauty and style.

I can help your home feel cohesive and welcoming using colour, accessories, existing pieces and more.

Get in touch today to arrange a complimentary home visit. Call 07887 523 331 or send a message annina@anninadistoninteriors.co.uk

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Church News From the Rectory, Worsendale Road, Bishop Wilton 01759 369974, 07888 668663 garrowbyvicar@gmail.com <u>www.garrowbychurches.com</u>

Just imagine if money could buy anything and someone gave you a blank cheque telling you that you could have whatever you wanted in life. I wonder what you might choose? Your first reaction might be a million pounds to blow on life's luxuries or the biggest and brightest house you could imagine. If you thought a little more deeply however you would probably look for different things. Good health for your loved ones and yourself. Happiness for your children and grandchildren. A clean and sustainable planet to pass on to the next generations. An end to war and famine in the world. Of course none of these can be bought with money, neither can they be achieved by any one person no matter how much of themselves they give to rectify the problems. What we can do however is to live our lives in such a way that they bring happiness to others. I came across this quote on line from a 90 year old grandmother's journal:

"I have seen, and touched, and danced, and sang and climbed and loved and meditated on a lifetime spent living honestly. Should it all end tonight, I can positively say there would be no regrets. I feel fortunate to have walked 90 years in my shoes. I am truly lucky. I really have lived a thousand times over."

I am sure most of us would want to echo those words when our time comes to leave this earth. So what can we do? Firstly follow your passions and desires and use your talents, don't just think about learning to paint, do it, make a start! Secondly, don't shy away from the hard things thinking they are too difficult. You will never know what you are capable of until you try. Thirdly, don't waste your energy fighting against things you cannot control, try to see what good can come out of even the worst situations and how this can change your understanding of things. Fourthly, don't expect everything in life to go smoothly. We need to recognise that we don't always

move forward in life; along the way there will always be setbacks. Ouite often we have to move sideways or even back a few steps. Fifthly, don't try to be a martyr. Acknowledge



to yourself and others if life has been unkind and when it is difficult for you. Sixthly, be honest. We create our own hells living with lies and deceits in our heads. Seventhly, be humble. Never see others as inferior to yourself. Remember, as Mike's dad used to say, we are all the same height lying down! Eighthly, say sorry. Admit that you aren't always right and even if you think you are, isn't friendship more important than digging your heels in? Ninethly, give a little. There is nothing more freeing than giving of your riches to help others. It benefits them and you. There are so many things we could add to this list but here's just one more. Say thank you. Even if it is years after the event it can encourage and change someone's day.

To have no regrets we need to make sure that we have done whatever we can to live life boldly and well and be comfortable in our hearts and minds.

Linda x

PS Date for the diary - the Bishop of Selby is coming to celebrate a service for the Benefice on May 8^{th} ; it will be in the morning at Bishop Wilton with time and other arrangements to be confirmed.

Garrowby Churches Meditation Group

The next two dates are 7.00pm Monday February 28th and 7.00pm Monday March 21st. The consensus was that we would continue to meet in church but we now have some blankets as well as the heating to get us through winter. The meetings last under an hour and include an introduction to the theme of the evening and a time of quiet and closing prayer. Even if you would just like to come and enjoy a time of silence in a beautiful building you would be very welcome.

Sunday Broadcast Services

The services will be premiered at 10.00am on a Sunday morning and can be accessed through <u>www.garrowbychurches.com</u>, via the YouTube channel Linda Munt or you can have a link sent if you write to Mike K at <u>mikekavanagh@hotmail.co.uk</u>.

From the Registers

Funerals

Thursday 13th January Mona Nightingale St Mary, Full Sutton

May she rest in peace and rise in glory

Wedding

Saturday 4th December. Many congratulations to Lee Stephen Clark and Jennifer Louise Chadwick married at St Edith, Bishop Wilton

Lent, Holy Week and Easter

Lent begins on Ash Wednesday 2nd March. There will be a service of Holy Communion at 7.00pm with the imposition of Ashes at St Andrew's, Bugthorpe.

In the past it has been a morning service but this has meant if people are at work they cannot come to mark the beginning of Lent.

Mother's Day 27th March 10.00am Benefice Family Service at Bishop Wilton

Everyone is very welcome to our Mother's day celebration. It will be a short informal service involving the children on this special day. So that people can come to church and then go to see family we have moved the service to 10.00am and cancelled the 9.15 service at Bugthorpe for that day. The Holy Week and Easter celebrations begin right as the next edition of the Pump comes out so the details are included on the list of services overleaf so you can have them in the diary. This will be our first "in church" celebrations across the Benefice for Holy Week and Easter since the pandemic began so it is very exciting. As we have done before the services are shared across all the parishes so if you need a lift to get to any of the services this can be arranged. Just ring the Rectory.

Fundraising at St. Edith's Church Bishop Wilton

Annual Christmas Bazaar held on Saturday 27th November raised £1647

Christmas Hamper Draw

Results

1st Wendy Richardson, 2nd Henry Rowntree *Children's Hamper Draw* The Corkery Children. £440 was raised.

Thank you to all who supported these events. It is very much appreciated.

We are very grateful to the Community Shop for their continued support, allowing the sale of Ian Jones' cards throughout the year. In 2021, £230 was raised in aid of St Edith's.

Bugthorpe News

Thank you to everyone who contributed messages to Bugthorpe's 'Trees of Hope' which shone out over Christmas and into the New Year. Special thanks to the children of Bugthorpe CE Primary School, their messages sum up many of our hopes for the year to come.

> Look after our Grandparents! I hope that Covid 19 will be gone forever.

I want everyone to be happy.

I wish for a rainbow.

Wishes for us all to get through next year, peace for all.

Janet Wardell

Schedule of Services	St. Edith's Bishop Wilton	St. Andrew's Bugthorpe
6 th February 4 th Sunday before Lent	8:00 Eucharist	
13 th February 3 rd Sunday before Lent	11.15 Eucharist	9.15 Eucharist
20 th February 2 nd Sunday before Lent		
27 th February Sunday next before Lent	11.15 Eucharist	9.15 Eucharist
2 nd March Ash Wednesday		7.00pm Eucharist
6 th March 1 st Sunday in Lent	8:00 Eucharist	
13 th March 2 nd Sunday in Lent	11.15 Eucharist	9.15 Eucharist
20 th March 3 rd Sunday in Lent		
27 th March Mothering Sunday	10.00 Benefice Family Service	No 9.15 Eucharist
3 rd April Passiontide begins	No 8.00 Eucharist - see Easter Day	
10 th April Palm Sunday		
14 th April Maundy Thursday		7.00pm Eucharist of the Last Supper
15 th April Good Friday	3pm Cross of Christ with the Garrowby Singers	
17 th April Easter Day	8:00 Easter Holy Communion	
Church Wardens:	Susan Frost 368445 Jan Danby 369934	Verity Jarry 368775

St. Mary's Skirpenbeck	St. Mary's Full Sutton	All Saints Kirby Underdale
10.00 Service for All		11:15 Eucharist
	4pm Eucharist	11:15 Eucharist
10.00 Service for All		11:15 Eucharist
	4pm Evening Service	11:15 Eucharist
10.00 Service for All		11:15 Eucharist
	11.00 Palm Procession to church with Donkey	
10.00 Easter Service for All		11.15 Easter Sung Eucharist
Penny Beard 07771 623639	Richard Smithson 07951 232626 and Adam Finlay 07793651403	William Foster 368713 and Pam Megginson 372205

St Edith's Bells

It's been some time since we updated everyone about the church bells. The Diocese has given us permission (known as a faculty) to repair and rehang the bells and we have appointed Whites of Appleton, Bellhangers, to do the work.

We plan to have the bells repaired in the bell tower because it would be extremely difficult to remove them from the tower. We're waiting for Whites to come and confirm that this is possible but our Diocesan Bells Adviser is confident it can be done.

We intend making an application to the Lottery Heritage Fund for around £30-35,000. The main aim of Heritage grants is to involve a wider group of people in their local heritage and part of our application would be for funding towards involving people from



the village, for example through talks and information about the project and about the church building in general. We could also have a display in the church.

Over the last few years there have been many occasions when the bells might have sounded: for example, at the VE Day event, on Thursday evenings for the NHS, on Remembrance Sunday and for weddings and other church services. How lovely it would be to hear them ringing again. The three bells are of historical importance and two are considered to be of national significance. They were all made in York; in 1649, 1687 and 1791 respectively. We really hope that we can make a success of this project for everyone in the village because St Edith's belongs to us all.

If anyone feels able to provide a letter or email in support of our application it would be very helpful. We want people's memories of the bells, why they are missed and how it would feel to have them back. If you can help please contact Susan Frost on 368445 or by email at <u>frost.susan@gmail.com</u> - thank you!

Bishop Wilton Garden Club

Winter speakers' programme 2022

Meetings are held in the main hall in Bishop Wilton Village Hall every 2nd Thursday of the month at 7.30pm. New members always welcome. For further information please contact Sally Ironmonger - salironmonger@gmail.com

10th February Tasty Tomatoes Simon Crawford All you need to know about growing the perfect tomato. Will bring seeds to buy

10th March Trees and Shrubs for the smaller garden Michael Myers, Horticultural lecturer, Craven College

14th April Pests! Nigel Stock Came highly recommended from Ampleforth Garden club May Spring Fair Plant stall





Susan Frost

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Pre-book or for more information: Ali Jones 07716335396 Alijonespilates@yahoo.com Instagram #alipilali

Bugthorpe and Kirby Underdale Parish Council

Minutes of the 154th Meeting of the Parish Council held at Bugthorpe War Memorial Institute on Monday 6 December 2021 Present: Councillors: D J Pearson (Chair), K Robinson, S W Huffington, D Birks, H T Paul, R Crow, T Atkinson, D J Lord (Clerk), In attendance: Ward Councillor D N Rudd.

Apologies for Absence were received from Councillors Lady Halifax and Goodhart.

1. Minutes of the Meeting held on Monday 6 September 2021 - Councillor Birks commented that her apologies for absence were not recorded in the minutes. The minutes were amended accordingly and then signed as a true record by the Chair and Clerk.

2. Declarations of Interest - The Parish Councils (Model Code of Conduct) Order 2001. The Chair raised the question of whether Councillors Lord and Atkinson should declare an interest in Item 4h on the agenda, as employees of Halifax Estates. This was discussed and it was agreed that as this particular item is a matter of report, it is not necessary for Councillors Lord and Atkinson to declare an interest, but this should be considered in future on a case by case basis where a Parish Council decision is required involving property owned by Halifax Estates.

3. Matters Arising from the last Meeting: a) Bugthorpe telephone box - The Clerk confirmed that the box had been moved to Garrowby Sawyard for refurbishment over the winter. It was agreed that the target date for the box being reinstated should be the Queen's Platinum Jubilee in June 2022. The Clerk reminded Councillors that previously it had been agreed that the box should be used as a book exchange and therefore shelves would need to be installed before it is brought back to Bugthorpe. A discussion then took place about the location of the defibrillators in both Bugthorpe and Kirby Underdale. Although the locations of both are rather hidden away, Councillor Birks made the point that when anyone requiring the defibrillator rings the Ambulance Service and they are advised the exact location of the defibrillator. Councillor Crow said that this is satisfactory for local people who know the location of the Estate Office in Bugthorpe and the Village Hall in Kirby Underdale, but visitors to both villages may not be aware of these locations and to have both defibrillators located in the telephone boxes may save vital time. After further debate, it was agreed that the Clerk and Councillor Atkinson would look into the possibility of utilising the existing power supplies to both boxes to provide lighting for the defibrillators. The Clerk and Councillor Atkinson will report back to the next Parish Council

Meeting. Councillor Robinson expressed some concern about the stiffness of the telephone box doors, particularly for older people wanting to access the defibrillator. She also suggested that if it is not possible to put the defibrillators in the telephone boxes for any reason, improved signage to the existing defibrillator locations would be beneficial.

b) Dog fouling in Bugthorpe & Kirby Underdale. Councillors Crow and Pearson confirmed that they had received no reports of dog fouling since the last Meeting.

c) Broadband - The Clerk confirmed that BT Openreach have received the addresses of all the properties in both parishes potentially requiring fibre connections. A Government backed grant is available for each household for fibre connection and BT Openreach working on a scheme for the connection of the vast majority of properties within both parishes, including an estimate of the cost of connection over and above the grant receipt. The Clerk confirmed that the Quickline scheme remains an option but if the system was installed by BT Openreach, residents would then have the choice of which broadband provider they wish to use. Councillor Rudd suggested that the Clerk should contact Paul Belotti at ERYC to establish what assistance can be given in bringing forward a BT Openreach scheme. d) Potholes - the Clerk reported that the highway edges along York Road between Bugthorpe and Brickyards are currently in reasonable condition following some repairs carried out by Highway Department. However this will be monitored over the winter period as freezing conditions will lead to deterioration. The Highway Department have confirmed that the pothole near Thoralby will be repaired over the next 7 days, but that the roads in Bugthorpe and Kirby Underdale parishes are not due to be surface dressed for the next 2-3 years. e) Neighbourhood Watch signs - the Clerk confirmed that Councillor Robinson has installed signed in appropriate locations in Bugthorpe and Kirby Underdale. There is one sign left which could possibly be put up in Uncleby. Councillors expressed their thanks to both Councillor Robinson and Councillor Crow for acquiring and erecting the signs.

f) School bus parking on Stephenwath Lane, Bugthorpe - the Clerk and Councillor Robinson commented that this problem seems to have been addressed by the school buses parking laybys on York Road or further up Stephenwath Lane whilst waiting for the children to come out of school. Also, during the worst of the Covid Pandemic the school end times were staggered meaning that the school buses had to be parked opposite the school for longer. This is now no longer the case.

g) Defibrillators in Bugthorpe and Kirby Underdale - the Clerk reported that new batteries have been purchased for both defibrillators at a total cost of £358.66.

h) Planning application for glamping pods at Bugthorpe Grange - the Clerk reported that planning consent had been given for these pods and they will be installed in May 2022. They will be managed by the Armitage family who are the tenants at Bugthorpe Grange.

i) Traffic congestion at Stamford Bridge -Councillor Rudd reported that no further progress had been made on alleviation measures. He confirmed that Greg Knight MP favours the installation of a second bridge.

j) The collection of the old school sign from Stephenwath Lane was noted as a matter of report.

4. Other Matters.

a) Information Commission GDPR/Data Protection - the reduction of the Data Protection fee to £35pa was noted as a matter of report.

b) Electricity for street light on Main Street, Bugthorpe - it was accepted as a matter of report that the unmetered supply is costing £42.60 pa including VAT or £10.65 per quarter.

c) New prison at Full Sutton - the approval of the Reserved Matters planning application was accepted as a matter of report.

d) Parish Council Precept 2022-23 - the Clerk's proposal that the Precept for 2022-23 should increase from £3,850pa to £3,950pa was accepted by Councillors, subject to a breakdown being circulated by the Clerk. It was agreed that if there are no comments within a period of 7 days, Chair and Clerk would sign the Local Precept Demand for submission to East Riding of Yorkshire Council.

e) Approval was given for following payments: Halifax Estates - reimbursement for replacement defibrillator batteries £358.66

Zurich Municipal Insurance renewal 2022 £257.60 The Chair and Clerk signed the necessary cheques. f) Updated Members Code of Conduct was unanimously approved and adopted. Councillor Robinson will put the new version on the Parish Council website.

g) Roadside grips - the Clerk has requested that ERYC clear out the roadside grips in both parishes to reduce standing water on the highways. Halifax Estates have cleared the grips between Primrose Hill and Gorman Castle to alleviate the flooding on that section.

h) Christmas trees in Bugthorpe - Councillors Crow and Robinson reported that the lights have been put on the two trees at the Estate Office and they have been decorated. Councillor Robinson expressed thanks to Halifax Estates for donating the trees.

i) Community events in Bugthorpe - Councillor Crow confirmed that Janet Wardell is the driving force behind organising community events and it is hoped that there will be an event every month. He was unaware of what had been arranged for January, but in February the Six Nations Rugby will be shown in the Institute.

j) Platinum Jubilee celebrations in June 2022 the Clerk reported that Halifax Estates will be arranging a Reception on Sunday 5 June in Garrowby Park. Invitations will be sent out in the New Year.

The lighting of the beacon will take place at 9.15pm on Thursday 2 June 2022 in the field opposite the Bugthorpe War Memorial Institute. k) Annual Rough Sleepers Survey 2021 - the Clerk confirmed that he had submitted a nil return.

 Additional recycling opportunity - Councillor Robinson confirmed that parishioners could bring certain items not currently recyclable in the blue bin and identified on the leaflet that has been distributed, to her porch on Stephenwath Lane. She will then take them to a recycling point when enough has been accumulated. Councillors thanked Councillor Robinson for providing this service.

m) Community Litter Pick 2022 - Councillors were in favour of holding another community litter pick in March 2022.

5. Correspondence.No comments were made.
 6. Any Other Business

Councillor Rudd reported on the following: Covid vaccinations - 99% of care home residents and workers have had all three jabs. 38% of 12-15 year olds have had the first vaccination and 53% of 15-17 year olds.

There is a National Lottery Funded Grant for Platinum Jubilee celebrations coordinated by ERYC, Matthew Millington tel 07870 497521 and Tracy Thompson tel 07815 521172.

Recorded crimes in East Riding are reducing. ERYC are looking for additional private foster carers and the number for the appropriate department is 01482 395500.

Weekend parking in the East Riding of Yorkshire towns is free until the end of December.

7. Date of Next Meeting

Councillors agreed that in future Parish Council Meetings should be at 7pm rather than 7.30pm. The next Meeting was fixed for 7pm on Monday 7 March 2022 at Kirby Underdale Village Hall. There being no further business, the Meeting was closed at 8.51pm.

Bishop Wilton Parish Council

Minutes of the meeting held in Bishop Wilton Village Hall on the 22th November 2021 at 7:30pm - Meeting 11/2021

Present: Cllrs Stewart Berry, Leo Hammond, Ingrid Haywood (Chairman), Iain Rickatson, Paul Rigby, Justine Sangwin, Roy Sumpner, Sue King. The Clerk and 22 Members of the Public (MoP). Ward Councillor David Rudd was also in attendance.

1. Chairman's Welcome and Apologies: Cllr Haywood welcomed everyone to the meeting. Apologies were accepted from Cllr Vicki Kress. Cllr Haywood addressed the Council in regards to item 8 on the agenda, explaining because of the unusual nature of the item, she had sought advice from ERYC Democratic services and the chairman of neighbouring Parish Councils on an appropriate process. Cllr Haywood explained and proposed the use of that process and the Council unanimously agreed to adopt it for item 8. Cllr Haywood explained that the result of agenda item 8 would be purely symbolic however it goes.

2. Code of Conduct: a) No pecuniary or nonpecuniary interests were declared. b) No dispensations were granted. c) The Council agreed to adopt the need to declare prejudicial declarations of interest as well as pecuniary and non-pecuniary. - Cllr Sumpner raised concerns that councillor's registers of interest were not on the Council's website and were not up to date. The Council agreed that this would be investigated and remedied.

3. Open Forum: The meeting was suspended so MoPs could address the Council. MoP 1 welcomed Cllr Rudd to the meeting. MoP 2 stated they were glad to see that Parish Council agendas and minutes were being put on the Parish Council website in a timely manner. The MoP raised concerns about the conduct of Cllr Hammond in regards to previous advice he had given the Council and an email he had sent to Cllr Sumpner. Cllr Hammond responded to the points raised by the MoP and advised that if they or anyone else had an issue with his conduct, they should raise it with the Monitoring Officer at ERYC. MoP 3 made a statement relating to agenda item 8. Stating that they felt Cllr Sumpner had made some good contributions to the Parish Council and Parish, however, raised concerns about his overall conduct which they felt had led to the resignation of the Parish Clerk. They expressed the view that if the Council determined not to have confidence in

Cllr Sumpner, he should do the right thing and resign. MoP 4 stated they attended the previous Council meeting and raised their concerns that the Council had given the key to Worsendale Quarry to Halifax Estates. The MoP raised concern that a request they had made relating to this had not been recorded in the minutes of the 25th October 2021. It was agreed that this would be corrected and added to the minutes. The MoP raised concern that they had seen no charges against Cllr Sumpner in relation to agenda item 8 before this meeting.

4. Minutes: The minutes of the meeting held on the 25th October 2021, with minor amendments agreed to items 4, 5 and 15 were adopted as a true record.

5. Ward Councillor's Report:

Cllr Rudd reported: 99% of care home residents in North Yorkshire and the Vale of York had now been vaccinated. 34% of 12 to 15 year olds had now been vaccinated. Second doses are now available for 16 to 27 year olds. Across England, 1 million 12 year olds had been vaccinated. Across England 3,500 schools had vaccination clinics. Cllr Rudd asked people to please get vaccinated. There is a need for Foster Parents. If anyone would like to volunteer, contact 01482 39500. Candidates for the UK Youth Parliament are wanted. If anyone would like to apply, contact 01482 391450. The elections will be in February. ERYC Digital Team have won a national award for their work. ERYC will be implementing free parking in currently charged carparks in the run up to Christmas, starting on the 25th November 2021. Hardship Grants are available. Cllr Hammond reported: He had taken up the issue of the broken streetlight on Garrowby Road with the Street lighting team at ERYC. They had no record of a complaint that it was broken, however, will now take action to repair it as soon as possible. He had requested a new safety barrier on Garrowby Road to replace the hedges which were removed and improve highway safety. ERYC Road Safety team will now look into the possibility of this and find funding. ERYC is also monitoring the road as there is concern that the water running across the road is a hazard. If the situation does not improve, ERYC Highways will look to remedy it. Updated Council on his campaign to get improved winter gritting for rural areas like Bishop Wilton. He is currently awaiting a report on what the additional cost will be to implement an earlier gritting time for secondary gritting routes (like Pocklington Lane) so that the roads are gritted in time for commuters and school buses, once he has this he

will try to secure the funding as part of ERYC's budget review in February 2022. He asked residents to please use the 747 bus when possible, as whilst its timings are not perfect, it is a valuable asset for our area and if we do not use it we will lose it. ERYC will be launching a grant scheme for the Queens Jubilee in early 2022 which Parish and Town Councils will be able to apply for to hold events in their communities. Cllr King asked if the streetlight on Garrowby Road had been disconnected. Cllr Hammond agreed to raise this with ERYC.

6. Matter Arising: Cllr Haywood asked Cllr Sumpner for the advert for the sale of Worsendale Quarry which he presented at the last meeting and had agreed to pass to Cllr Hammond so that he could raise it with ERYC, but had not yet done so. Cllr Sumpner agreed to provide it.

7. Clerk Situation: Cllr Rigby updated the Council on the process of recruiting a new clerk. He intends to draft a contract and the brief for the role to be presented to and approved by the Council. Once this happens the role will be advertised. An exit interview had been held by the Personnel Committee with the Clerk. Cllr Rigby read a statement from the interview with the permission of the Clerk, which stated the reasons for her resignation. It stated the conduct of Cllr Sumpner was a significant factor which led to her resignation. Cllr Rigby thanked Cllr Hammond for taking on the role of Acting Clerk. 8. Vote of No Confidence: in line with the procedure agreed and adopted at agenda item 1, Cllr Hammond read out a written statement on behalf of Cllr Kress (see appendix 1 on BWPC website). Cllr Sumpner then made a verbal address to the Council. The meeting was suspended to allow Cllr Rudd to speak. Cllr Rudd expressed that he did not see the point in this agenda item. The meeting was suspended to allow Cllr Hammond to speak as a ward councillor. Cllr Hammond clarified to Cllr Rudd why this was an agenda item, in that it had been requested by Cllr Kress at the meeting 25th October 2021. The meeting was suspended to allow the Clerk to speak. A vote was then held to determine if the Council had confidence in Cllr Sumpner as a Parish Councillor. The Council determined that it does not have confidence in Cllr Sumpner as a Bishop Wilton Parish Councillor.

9. Finance:

- a) Current bank balance noted as £18,310.90 (as of October 2021).
- b) NS&I balance could not be noted as a

statement had not been available at the time of

publishing the agenda, however, it was noted that the balance does not usually change. c) Receipt of £599.88 VAT Reclaim noted.

d) Agreed to pay £2,252.21 to ERYC for April 2021 to March 2022 Street Lighting Service Level Agreement.

e) Agreed a budget of £150 for the purchase of gritting salt. Cllrs Rigby and Rickatson to fill Gowthorpe Grit Bin once purchased.

f) Agreed to pay £175 to Parish Pump.g) Agreed to pay £120 for Christmas Tree.

h) Agreed to pay £53.97 for Christmas Tree Lights.

10. Planning: a) App Ref 21/02801/PLF, Replacement of three chimney stacks in roof at front, Church View Cottage 59-61 Main Street Bishop Wilton, East Riding of Yorkshire, YO42 1SR - Full planning permission granted with conditions. Decision Notice Noted.

11. Mid-Year Budget Review 2021: The Council noted that so far this year £3836.90 (plus the payments agreed above) had been spent. It was agreed that this was well within the agreed budget, so no concerns were raised.

12. Village Green: Cllr Rigby reported he is still to write scope for tender.

13. Training: agreed budget of maximum £25 per councillor to be spent on sending those councillors who wish to, to attend the Being a Good Councillor training sessions on the 5th and 6th January 2022. Agreed that it would be advised for all councillors, current and future to go on the above training session if they wish to. 14. Parish Council Website: Cllr Sangwin updated the Council on the process to establish a new and improved Parish Council Website. She has met with the MoP who has kindly agreed to create the website free of charge and provided them as scope of what is needed based off of the legal requirements for Parish Council websites. The Council agreed a budget of a maximum of £10 per month to be spent on a domain name/

online host page for the new website. It was agreed that the MoP would now look to create the website and then present it to the Council for approval before it goes live.

15. Christmas Tree: a) Cllr Haywood reported that she continues to try and get approval from ERYC to use the remainder of the Do it for East Yorkshire Community Grant the Council received for the Street Party to pay for the Christmas Tree. b) The Christmas Tree has been purchased and should be in position on the Green by the 2nd December 2021. c) The Council agreed to purchase the additional needed Christmas Tree Lights, as agreed at agenda item 9 h).

16. Worsendale Quarry Letter: a) The draft letter constructed by Cllrs Hammond and Haywood was approved. This can be viewed at Appendix 2. b) It was agreed that the letter would be distributed to all those who contacted the Council about the Quarry. It was also agreed to put the letter on the Parish Council Notice Boards and Website.

17. Western Parishes Liaison Meeting: Cllr Hammond explained that this is a meeting usually held every three months where all 36 Parish Councils in Wolds Weighton and Pocklington Provincial can get together with all 6 Ward Councillors to discuss and try to resolve area wide issues. It is also a good forum for Parish Councils to get to know each other and discuss ideas. The next meeting is on the 25th November 2021. It was agreed that Cllr Sumpner would attend on behalf of Bishop Wilton Parish Council. 18. Platinum Jubilee: agreed to defer to next meeting.

19. Community Issues: Cllr Sangwin informed the Council that Yorkshire Water works were due to take place in the area, so if anyone has any water pressure issues, that is most likely why. Cllr Haywood advised that she had been contacted by the Women's Institute (WI) about a request regarding tree planting in the Parish. Cllr Haywood had also been contacted by the Church Council, who request permission to do their Christmas Draw on the Village Green. The Council agreed to this.

Cllr Berry asked if the Winter Maintenance Volunteer WhatsApp Group had been established yet. Cllr Haywood confirmed that it had. Cllr Berry asked to be added to the group. He will be. **20. To note correspondence:** noted.

21. Agenda Items for next meeting: - WI Tree
Planting. - Playground Report - Write to Halifax
Estate regard update on Quarry situation.
22. Date of Next Meeting: 24th January 2022.

Minutes of the Extraordinary meeting held in Bishop Wilton Village Hall on the 13th December 2021 at 7:30pm - Meeting 12/2021 Present: Cllrs Leo Hammond (Acting Clerk), Iain Rickatson, Paul Rigby (Chairman), Roy Sumpner, Sue King, Vicki Kress. No members of the public attended.

1. Chairman's Welcome and Apologies: Cllr Rigby welcomed everyone to the meeting. Apologies were accepted from Cllrs Haywood, Berry and Sangwin.

2. Code of Conduct: a) All members except for Cllr Hammond declared a pecuniary interest in item 8 d on the agenda as council tax payers. No

non-pecuniary or prejudicial interests were declared. b) Dispensations were granted to all members declaring a pecuniary interest for item 8 d, so that the Council could set its precept for 2022/2023. c) All councillors were reminded of the need to make sure their registers of interest are kept up to date. Councillors were asked to check to make sure that they are.

3. Open Forum: No members of the public were present.

4. Minutes: The minutes of the meeting held on the 22nd November 2021 were approved as a true record.

5. Ward Councillor's Report: Cllr Hammond reported that he had raised the issue of the broken streetlight on Garrowby Road with ERYC'S Street Lighting Team. They have inspected the light and found the fault to be with the power connection for the light. They have reported this to Northern Power. Once this is repaired by Northern Power, they will inspect the light again and make sure it works. A resident had contacted Cllr Hammond with concerns regarding the condition of Vale Crescent. A number of potholes and defaults have formed in the road surface. Cllr Hammond has raised this with ERYC Highways, who have agreed to repair the road as soon as possible. The Traffic/Speed Survey Cllr Hammond requested earlier this year for Pocklington Lane on behalf of the Parish has now been completed and the data collected. Initially this has shown that Pocklington Lane does not have a serious speeding issue. This will be debated in more detail at the next meeting and a plan of action decided by the Parish Council.

6. Matter Arising: Cllr Sumpner asked for a copy of the statement from the Clerk which was read out at the last meeting as part of agenda item 7. Cllr Rigby said he would ask the Clerk if she is happy with this, and if so, would provide it.

7. Clerk Situation: a) Cllr Rigby updated the Council on the process of recruiting a new clerk. He explained that he has sought advice from ERNLLCA, who had provided him with a list of trained clerks who are happy to work on a temporary basis whilst councils look for new permanent clerks. He has identified three clerks on the list who live locally and will contact them to ask if they would be happy to be acting clerks for Bishop Wilton Parish Council until we find a new permanent clerk. Cllr Rigby will draft a contract of employment for the role of Clerk to Bishop Wilton Parish Council based off of advice from the exiting clerk. This will be presented to Council for approval in January 2022. Once this is approved, the role will be advertised. b) The Council agreed that Cllr Sangwin would take over management of Bishop Wilton Parish Council's website. c) The Council agreed that Cllr Hammond as acting clerk would take over management of Bishop Wilton Parish Council's email address until a new clerk is appointed. d) The Council agreed going forward the exiting clerk would be paid on an hourly basis for any work that she does for the Council until a new clerk is appointed. The exiting clerk must submit a time sheet to the Council to show this work for payment to be made.

8. Finance:

a) Current bank balance noted as £15,485.85.

b) NS&I balance noted as £3,430.77

c) The budget drafted by Cllrs Haywood and Hammond was approved.

d) The Council agreed to increase its annual precept as currently the Council does not run at cost. It was therefore, agreed that the precept must be increased to help address this deficit. This decision was made on the view that the Council's reserves will eventually run out, and that the Council would rather see those reserves spent on projects for the Parish, not its basic running costs. Parish Precept should be spent on/to the benefit of the Parish. The Council voted to increase the precept to £9,500 a year. This is an increase of 7.3%. This equates to an increase of £2 a year per Band D property. It should be noted, even with this increase, the Council is projected to run a deficit of around £1,500 in terms of basic running costs for the 2022/2023 financial year.

e) The Council agreed to purchase winter salt for the Gowthorpe Grit Bin from Travis Perkins for £180.

f) The Council agreed to pay Hiscox Insurance Company Ltd £594.17 for the Council's insurance. It was agreed that next year the Council would look for a cheaper price.

9. Planning: No applications.

10. Community Issues: Cllr Sumpner reported an increase in dog fouling on Main Street, and that he had received reports of some dog owners putting dog waste in the Shop's green bin. The Council asks, that all dog owners please pick up after your dog and dispose of the waste appropriately.

Cllr Rigby informed the Council that the carol singing event had been arranged for 3pm 19th December 2021 on the Village Green. This has been funded by the remainder of the Do it for East Yorkshire Community Grant from ERYC.

11. To note correspondence: noted. Cllr Rigby updated the Council in regards to Covid-19 guidance for Parish Council meetings. Things will remain as they are for now. Cllr King advised that the Village Hall will remain open unless guidance changes. Cllr Sumpner enquired as to why the Worsendale Quarry Petition has not yet been listed as correspondence to the Council. Cllr Hammond advised that this was because the petition had not been submitted to the Council formally as correspondence, and was instead presented by Cllr Sumpner to the Council at the meeting 11th October 2021. It is therefore, noted in the minutes of the meeting 11th October 2021, but cannot be added to the Council's list of correspondence because it was not presented to the Council as correspondence. The Council agreed that the letter explaining the Council's position regarding Worsendale Quarry would go on the parish Notice boards, website and anyone who would like a copy can get one from the Clerk. The Council is currently arranging for all those who signed the petition to be delivered a copy. The Council asks anyone with poultry to be aware of the current Avian Flu outbreak in the Pocklington area and asks them to follow the guidance coming from ERYC.

12. Agenda Items for next meeting:

WI Tree Planting. Playground Report. Write to Halifax Estate regard update on Quarry situation. Traffic Survey Results. Village Green Grass Cutting update. Parish Council website update. Platinum Jubilee celebration. Events Calendar for 2022. Clerk Contract. Additional Winter Grit for PC Gritters. Outdoor Gym Equipment.

13. Date of Next Meeting: 24th January 2022.



Three Colours to Boost Your Mood

When it comes to designing a new space in a customer's home, we chat about what the mood of the room will be. And once we've dug into the direction of the feeling of the room, we then look at how we can achieve this through the design itself. One of the first stops on a client mood board is colour.

Colour is one of the most powerful tools in design. It can change the look and feel of a space. So, in this editorial I want to share with you some of my favourite colours to boost your mood during the depths of winter. Let's dive in...

Tones of Blue

Whilst there is a huge range of blues on offer when it comes to your interiors, all blues remain a soothing colour that helps calm busy minds. Blue is so powerful that even in bolder shades it can still provide relaxation to a space. Try a deep, rich blue to create a cosy living room, layered with luxurious textures. Or opt for a softer, more

neutral tone to bring a sense of tranguility to a bedroom, it actually has the power to soothe you to sleep! Blue can also work great in an office as the calm it brings can improve our productivity. Top Tip: Avoid cooler tones, particularly in a



north facing room to ensure the space doesn't feel cold.

Uplifting Yellow

Yellow is a powerful colour in boosting moods. The colour of sunshine and happiness, yellow is energetic and fun. It's reported that yellow can cause the release of serotonin, increasing our sense of wellbeing. If science says it's a colour to bring positivity to our homes, we'll take it! Whilst yellow injects vibrancy to any room, it is also said to stimulate creativity so lends itself well to spaces like offices.

Top Tip: Feeling a little overwhelmed by using yellow? Try having fun with accents and accessories.

Natural Green

The ultimate colour of bringing the outside in. And with it, a sense of peace that a walk in nature can

provide us, having a grounding effect on a space. By mimicking nature, green brings feelings of calm and contentment to our homes. Opt for lighter tones in order



to maximise the mood-boosting benefits. **Top Tip:** Use layers of different tones of green to create an authentic feel of nature. Using the colour around windows helps to frame foliage in your garden, creating a seamless flow from outside in.

Warm Grey

Grey might conjure up notions of being dull or unimaginative. But done well it's anything but boring! It doesn't have to remind us of murky seas and moody skies. Instead, grey can be both calming and relaxing.

A great neutral, grey compliments other colours in this list or works brilliantly on its own. Layer up with other colours or stick with tones of grey. It's a great shade to start having some fun with your designs. Its versatility also means it lends itself

perfectly to any room in our homes. **Top Tip:** Again, opt for warmer tones of grey to avoid a space



feeling cool and uninviting.

Don't forget we've got a huge range of Frenchic paint available to shop here on our website if you're looking to add a lick of paint to your walls. You can also explore some of the range at Mile Farm Shop, Pocklington.

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Which colours do you like using in your home to boost your mood?

Written by Vicki Kress - Interior Designer for Grandad's Shed. Call her to arrange a home visit 01759 306777. www.grandads-shed.com

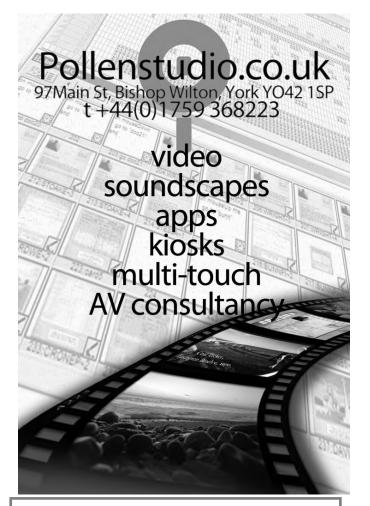


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